



# **Sacramento Homeless Policy Council**

**August 4, 2023**

# SHPC Purpose and Objectives

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## Purpose

- Provide broad-based, collaborative, and strategic leadership on Sacramento's response to the crisis of homelessness.

## Objectives

- Shared policy direction on solutions to address the homelessness crisis;
- Champion and promote alignment of coordinated system policies and integrated approaches;
- Accelerated knowledge sharing and actionable best practices for addressing homelessness in Sacramento.

# Today's Agenda

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- Welcome – Member Introductions
- SHPC Purpose and Objectives
- Homelessness In Sacramento
- Sacramento Local Homeless Action Plan Progress Report
- County Behavioral Health Services Presentation
- Final Remarks/Next Steps

# SHPC Roster

**Ashley Brand** (*unavailable August meeting*)  
*Sacramento Steps Forward Board Chair &  
System Director, Community Health,  
Integration and Housing with CommonSpirit  
Health*

**Caity Maple**  
*Councilmember, City of Sacramento District 5*

**Eric Guerra**  
*Vice Mayor, City of Sacramento District 6*

**Rich Desmond**  
*Board of Supervisors Chair,  
Sacramento County District 3*

**Patrick Kennedy**  
*Board of Supervisors, Sacramento County  
District 2*

**MariJane Lopez-Taff**  
*Councilmember, City of Citrus Heights*

**Bobbie Singh-Allen**  
*Mayor, City of Elk Grove*

**Rosario Rodriguez**  
*Mayor, City of Folsom*

**Jay Vandenburg**  
*Mayor, City of Galt*

**Donald Terry**  
*Councilmember, City of Rancho Cordova*

**Angela Upshaw**  
*Sacramento Continuum of Care Board Chair,  
Berkeley Food and Housing*

# Measurable Targets

A priority focus and specific targets have been set for two of the system-level measures:

 **15%**

Reduce the number of people experiencing unsheltered homelessness by 15%

 **42%**

Increase the number of people exiting into permanent housing to at least 42%.



Reduce the number of people experiencing homelessness



**Reduce the number of people experiencing unsheltered homelessness**



Reduce the number of people who become homeless for the first time



**Increase the number of people exiting into permanent housing**



Reduce the length of time persons remain homeless



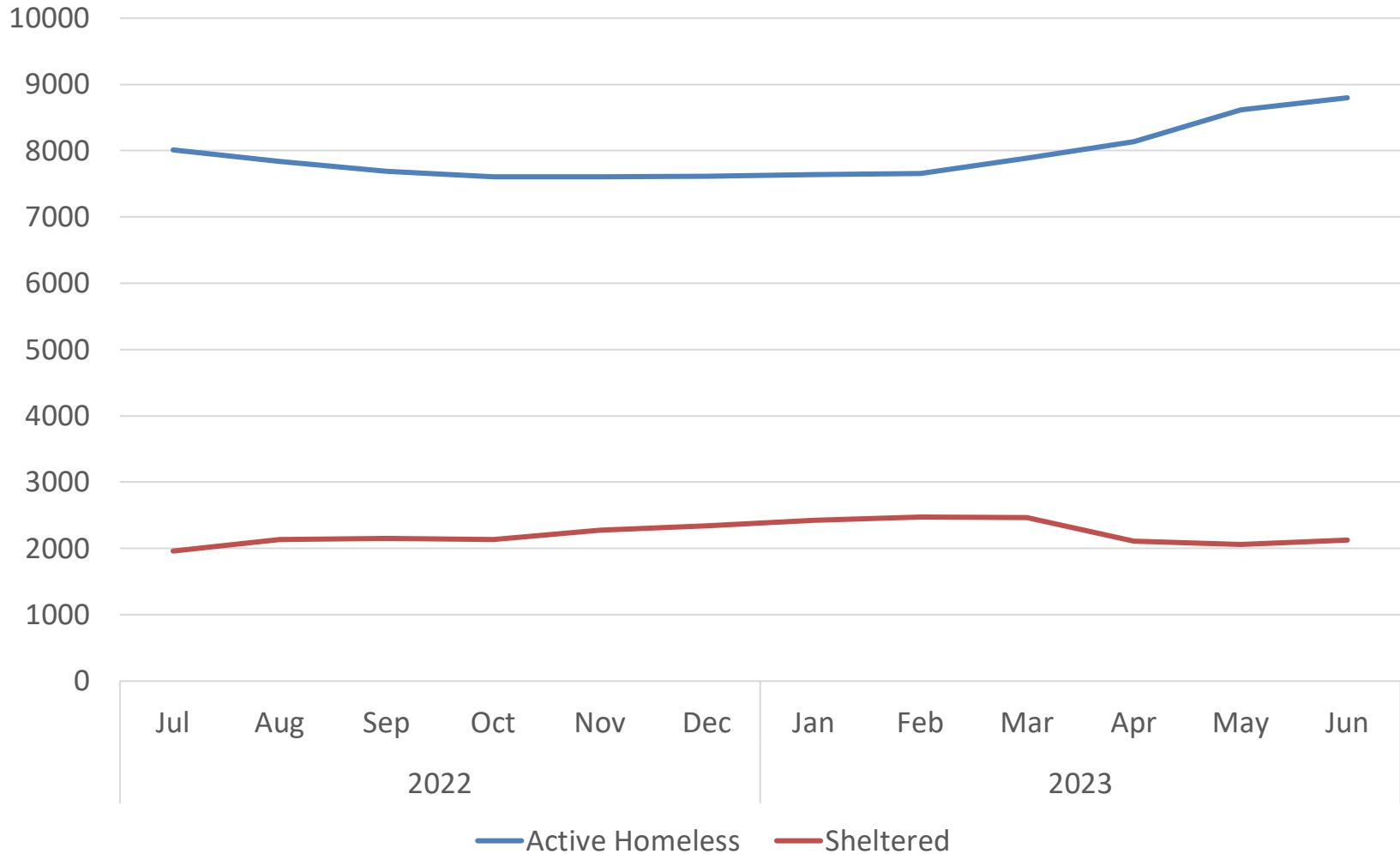
Reduce the number of persons who return to homelessness after housing placement



Increase successful placements from street outreach

# Homelessness Counts

## Total Persons Homeless vs. Enrolled in Shelter



# Interventions for a Transformed System

## Business as Usual

Emphasizes crisis response once a person becomes homeless



Leads to increasing need for shelter and other crisis responses and less capacity to prevent or quickly end homelessness for people.

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## Transformed System

Emphasizes targeted prevention, diversion, rehousing and permanent housing assistance, reducing need for crisis services



Leads to less people experiencing homelessness and more people receiving the help they need to quickly end their homelessness and remain housed.

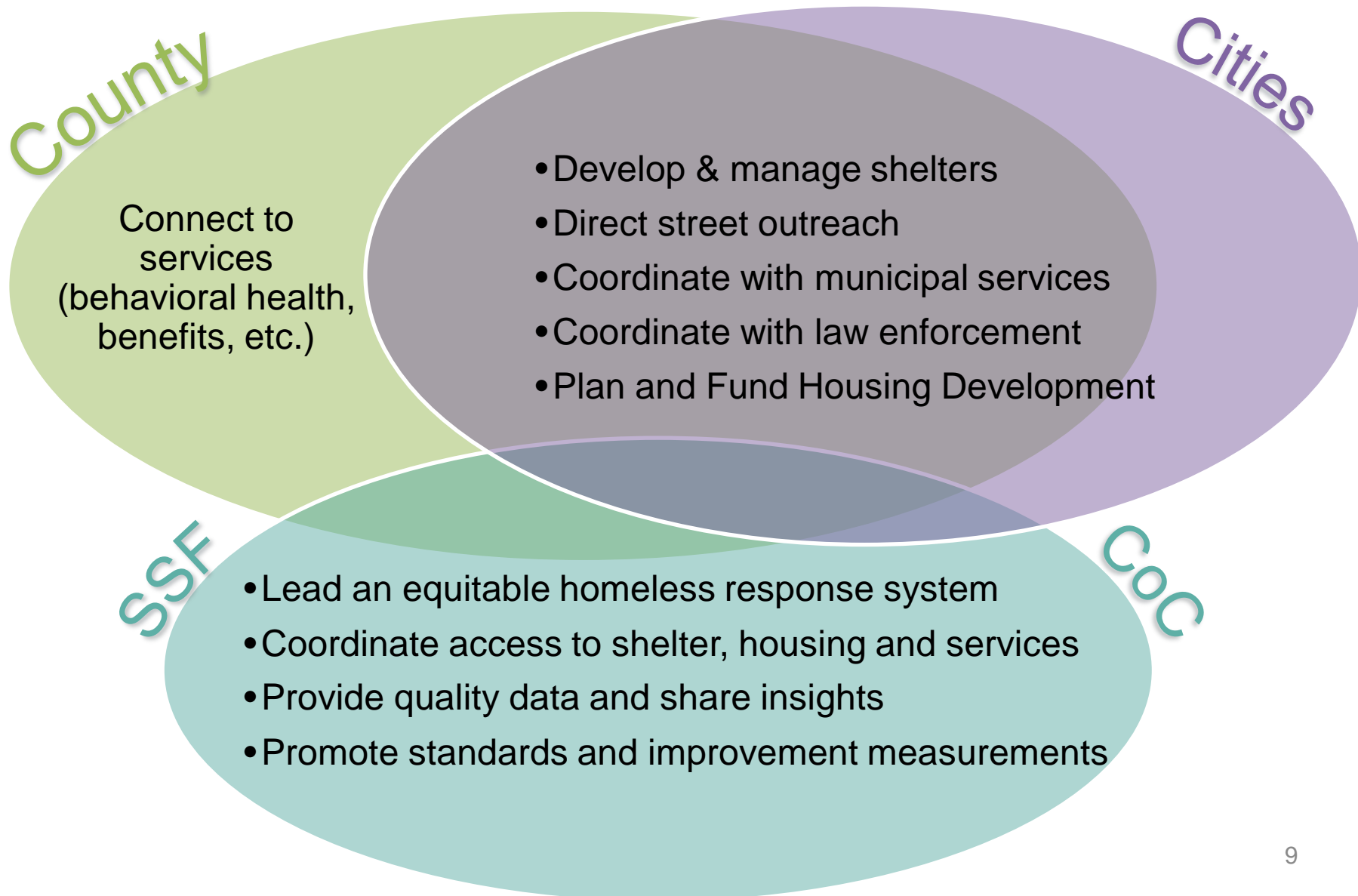
Eliminates or significantly reduces the need for additional emergency shelter capacity.

# Sacramento Local Homeless Action Plan (LHAP)



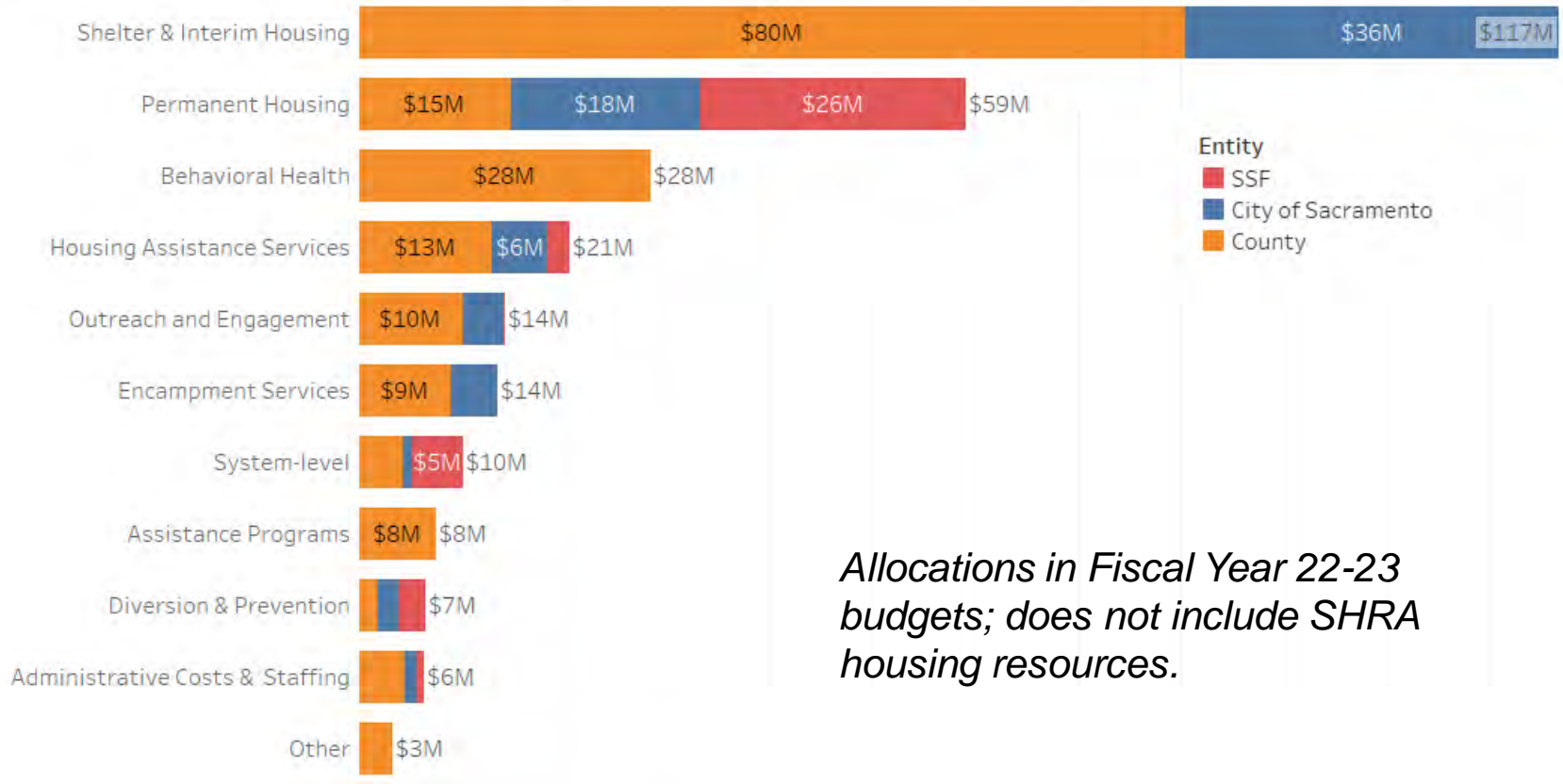


# System Lead Roles



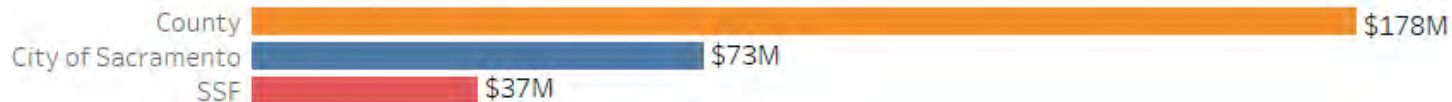
# Prior Year Funding Allocations

## Funding Allocations by Category and Entity



*Allocations in Fiscal Year 22-23 budgets; does not include SHRA housing resources.*

## Total Allocation by Entity





**Sacramento**

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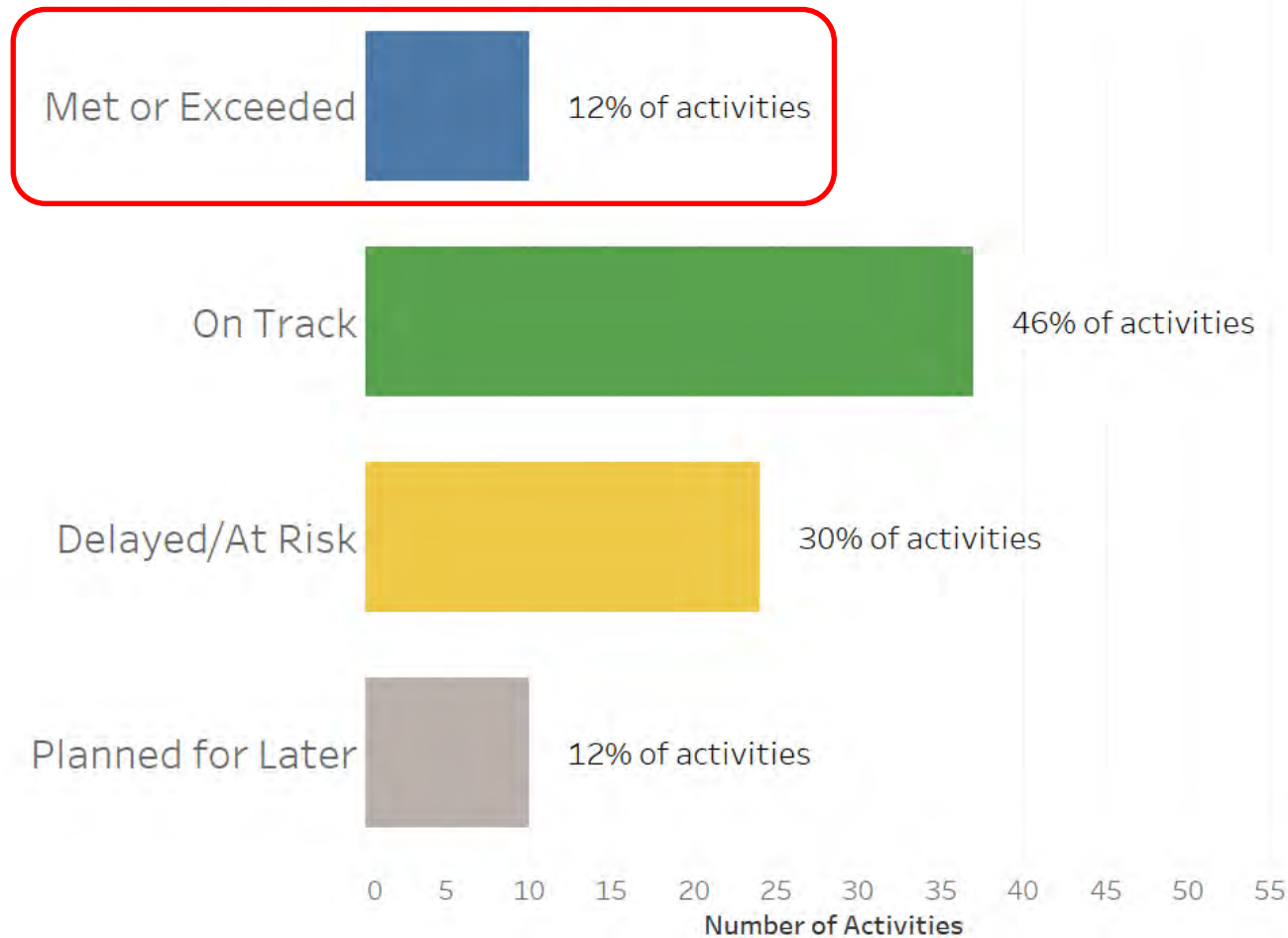
**Local Homeless  
Action Plan**

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WHAT ARE WE DOING?

# LHAP 2<sup>nd</sup> Quarter Progress

## Overall Activity Progress



6 Strategies  
81 Activities



**Sacramento**

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**Local Homeless  
Action Plan**

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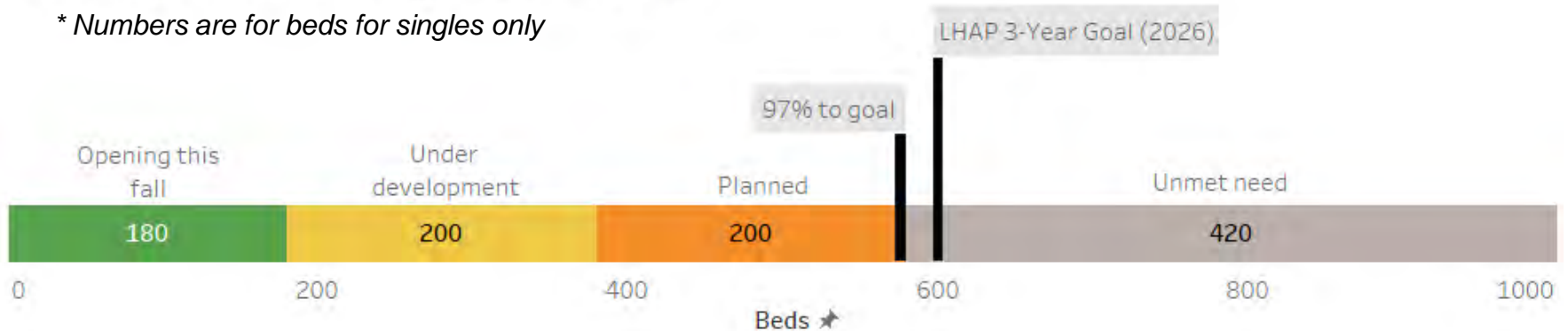
HOW WELL ARE WE DOING?

# Shelter Capacity

Shelter Capacity estimated need: 1,000 new beds

Beds by status through June 30, 2023

*\* Numbers are for beds for singles only*



## 2023 LHAP Strategy 2 Measurable Targets met:

- ✓ At least 200 additional emergency shelter beds by January 2024
- ✓ At least 200 additional emergency shelter beds by January 2026

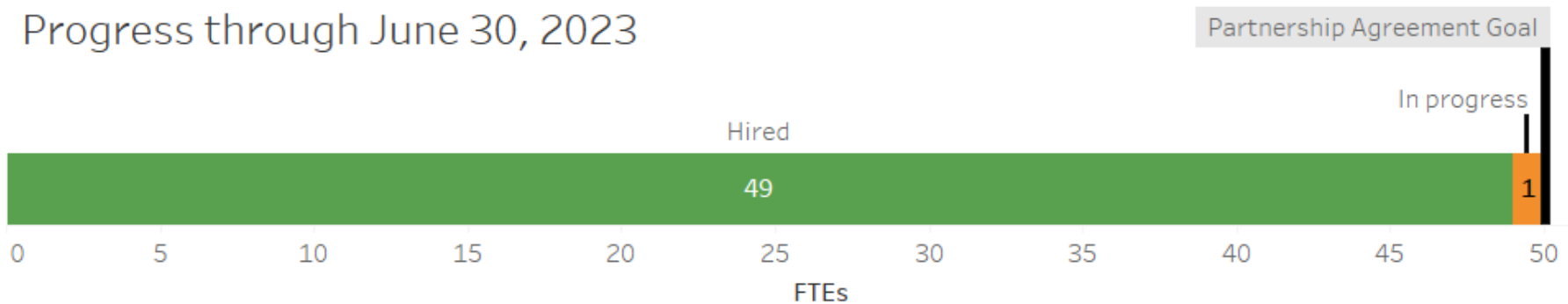
## Measurable Targets in progress:

- 200 additional emergency non-congregate shelter beds in City on existing sites/buildings
- Shelter and interim housing program service and performance standards underway
- Working towards at least 42% of households exit the homeless system to permanent housing

# Outreach Capacity

Outreach Growth: 50 FTEs for encampment engagement teams in Partnership Agreement

Progress through June 30, 2023



## 2023 LHAP Strategy 1c Measurable Targets met:

- ✓ 25 City encampment workers (27 – exceeded target)
- ✓ 10 County mental health workers (22 – exceeded target)

## Measurable Targets in progress:

- ❑ 15 County homeless engagement workers funded by Medi-Cal MCPs (5 in progress)
- ❑ Outreach program service and performance standards underway

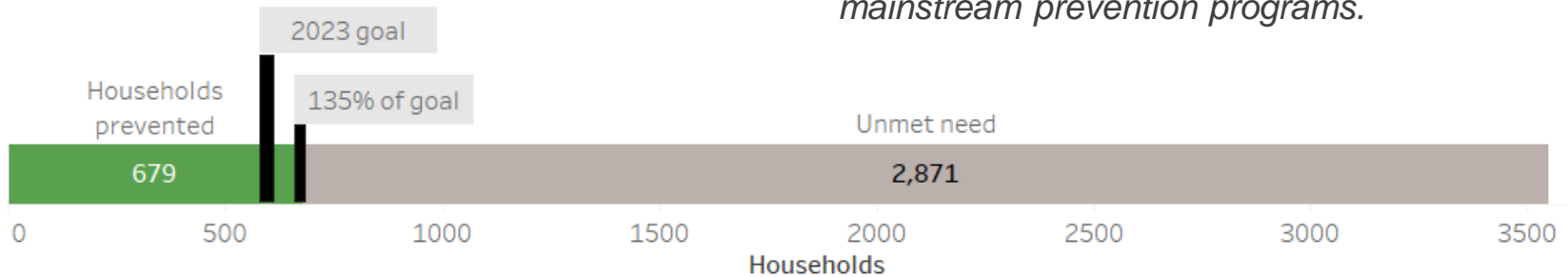
Note: An additional 18 Coordinated Access Navigators have also been added by SSF and 22 navigators by the County for the Parkway, unincorporated County and Citrus Heights

# Targeted Homelessness Prevention Capacity

Targeted Prevention Capacity need: prevent 3,550 households from entering homelessness

Progress through June 30, 2023

*Data reflects targeted homelessness targeted prevention through CAS, does not currently include other mainstream prevention programs.*



## 2023 LHAP Strategy 4 Measurable Targets met:

- ✓ 500 households prevented from entering homelessness
- ✓ At least 8 new Problem-Solving access points established (exceeded target)

## Measurable Targets in progress:

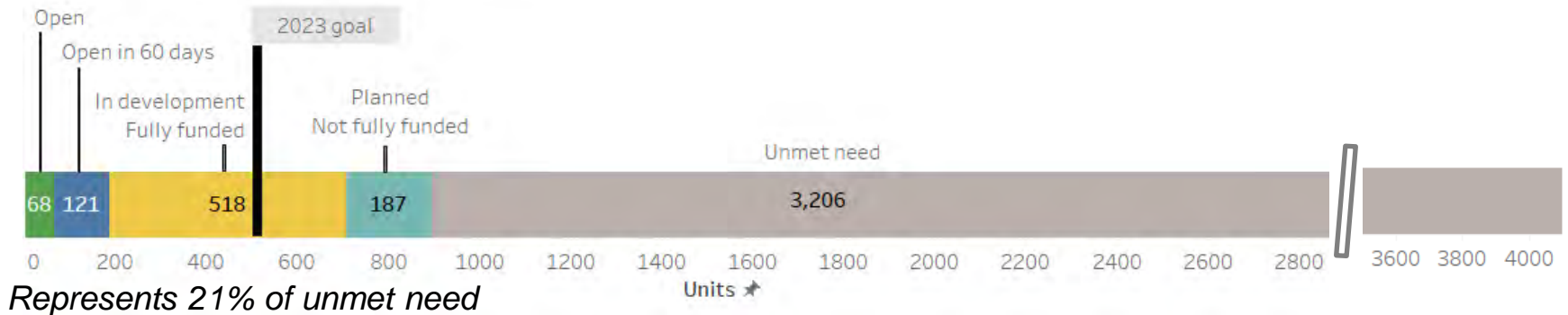
- Community Based Organizations (CBOs) and cross-sector access point service and performance standards established



# Housing Capacity

Housing Capacity need: 4,100-5,000 new permanent supportive housing units

Progress through June 30, 2023



## 2023 LHAP Strategy 3 Measurable Targets met/on track:

- ✓ 490 new dedicated units for homeless, including PSH, homeless housing, affordable housing, vouchers available for occupancy in 2023 on track
- ✓ Affordable Housing Plan on track to be adopted in fall 2023

## Measurable Targets in progress:

- Rehousing assistance program and PSH service and performance standards established
- At least 50 landlords generated through landlord partnerships with the new County Landlord Engagement and Assistance Program (LEAP)
- New caseload slots of rehousing assistance capacity will be made available



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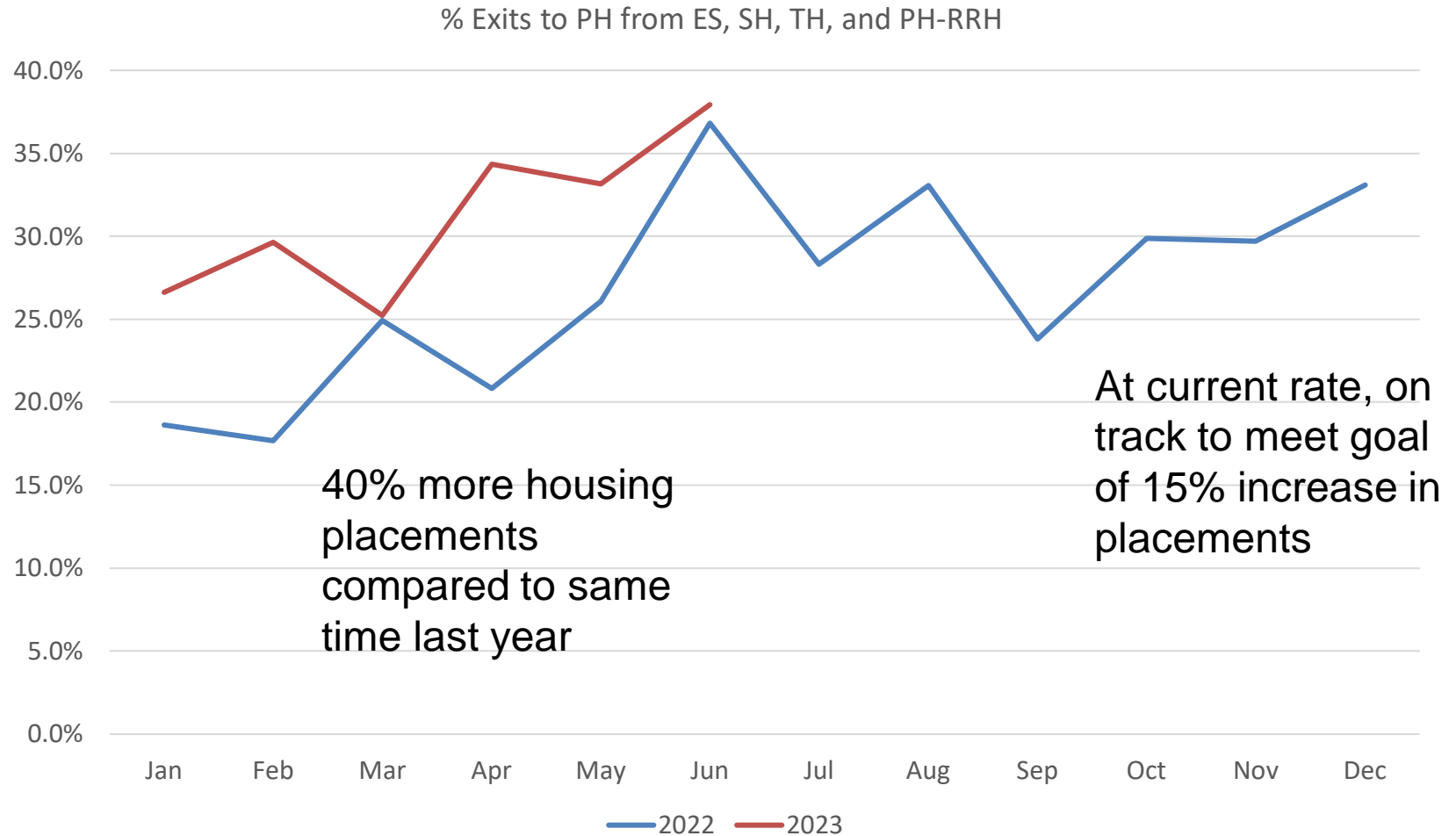
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**Local Homeless  
Action Plan**

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IS IT MAKING AN IMPACT?

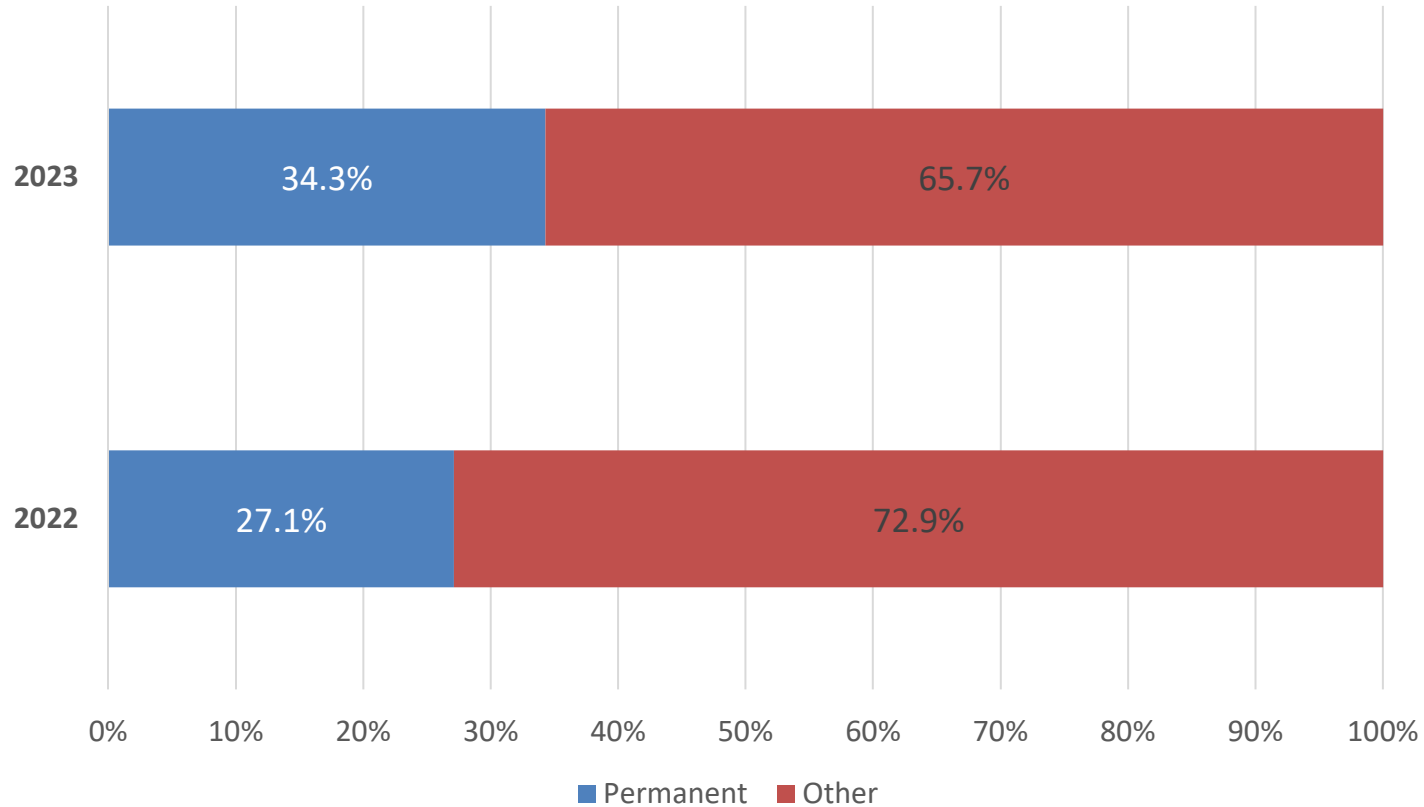
# Increased Housing Placements On Track!



The percentage of exits from ES, SH, TH and PH-RRH programs to permanent destinations has been higher each month in 2023 compared to 2022.

# Increased Housing Placements On Track!

% Share of Exits from ES, SH, TH and PH-RRH by Destination Type (Jan-Jun)



The percentage of exits from ES, SH, TH and PH-RRH programs to permanent destinations has been higher each month in 2023 compared to 2022.

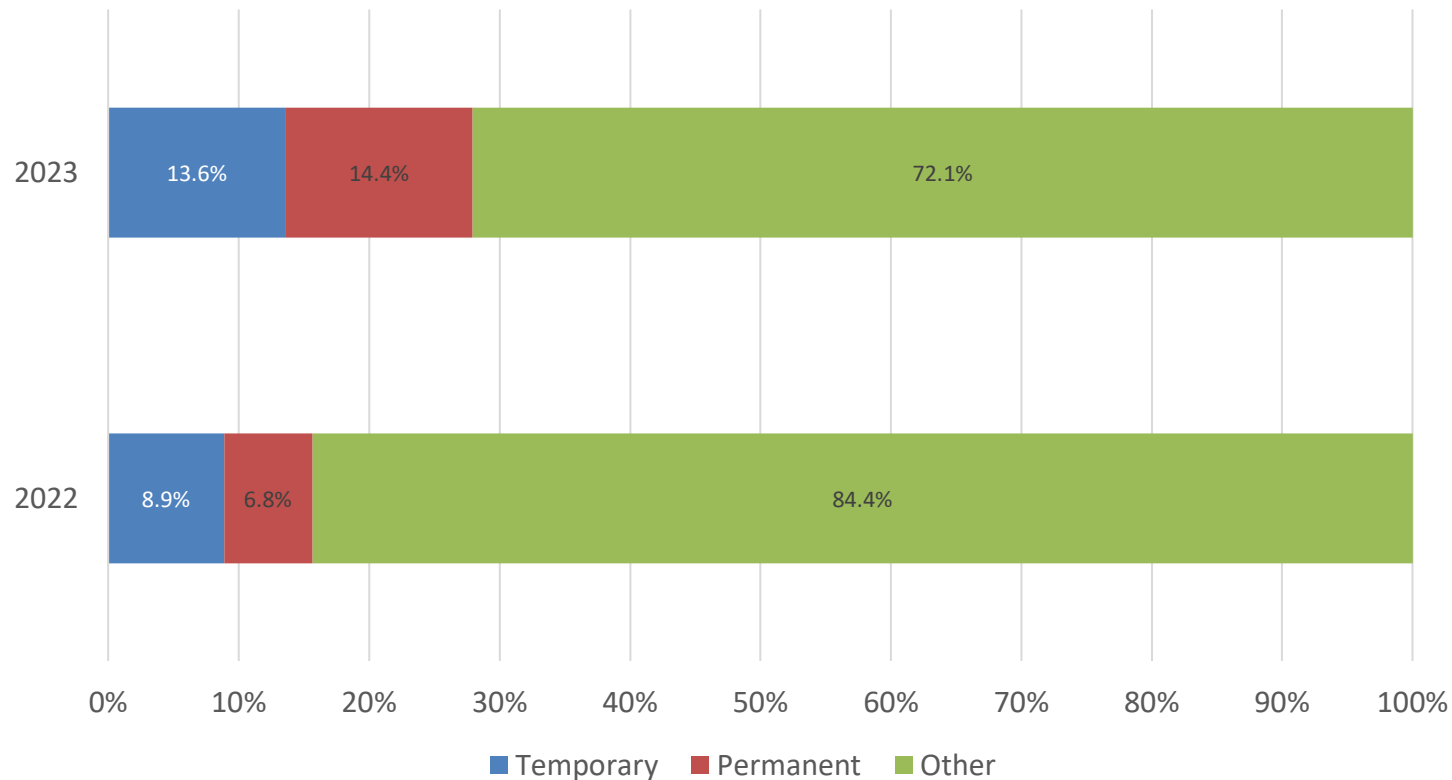
# Outreach Impact



The percent of successful exits from street outreach, including exits to temporary and permanent destinations, was higher each month in 2023 compared to 2022.

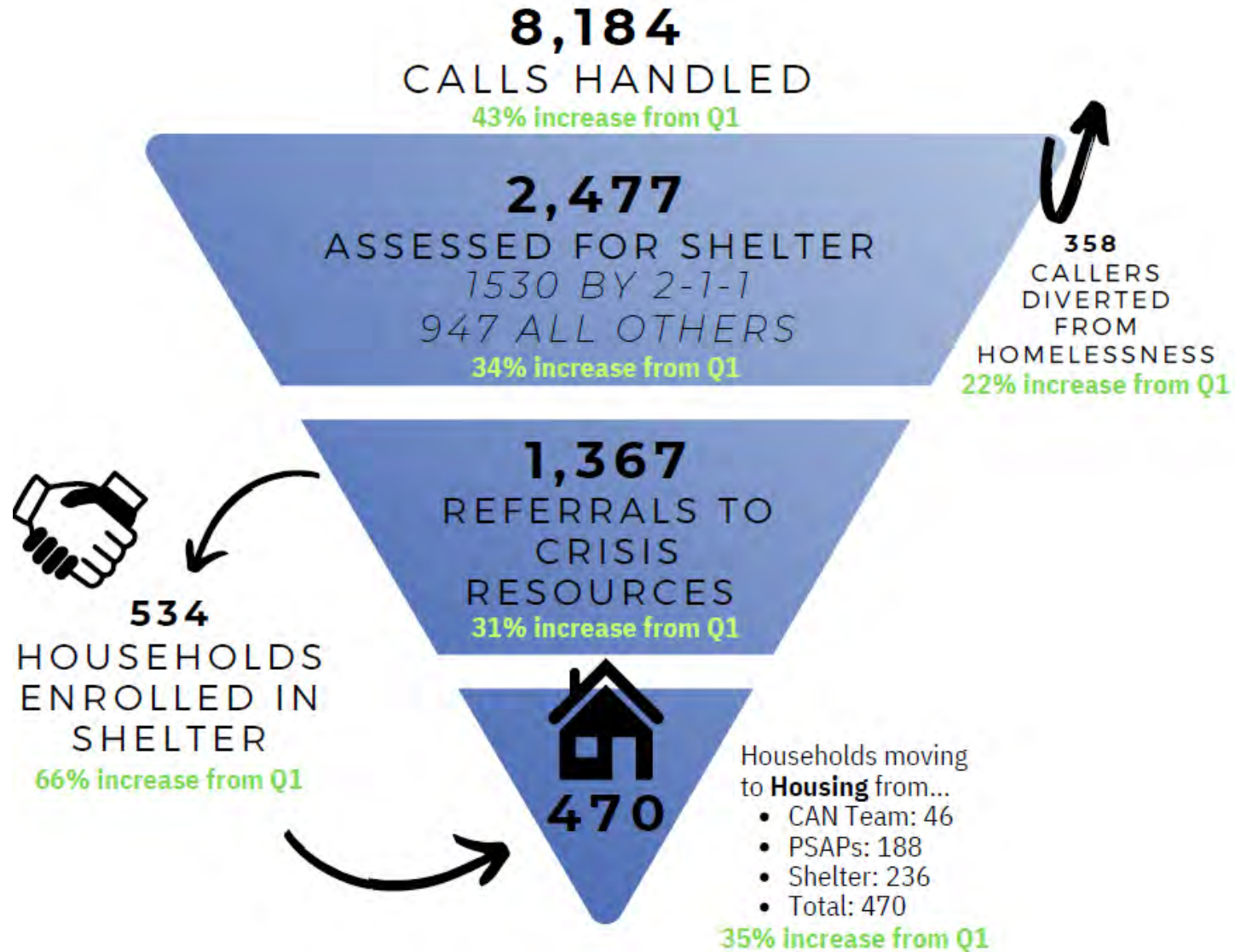
# Outreach Impact

% Share of Exits from Street Outreach by Destination Type (Jan-Jun)



The percent of successful exits from street outreach, including exits to temporary and permanent destinations, was higher each month in 2023 compared to 2022.

# Coordinated Access System 2<sup>nd</sup> Quarter Data



# Sacramento County Department of Health Services, Behavioral Health Services Adult Mental Health Overview

Presented by:

Ryan Quist, Ph.D., Behavioral Health Director

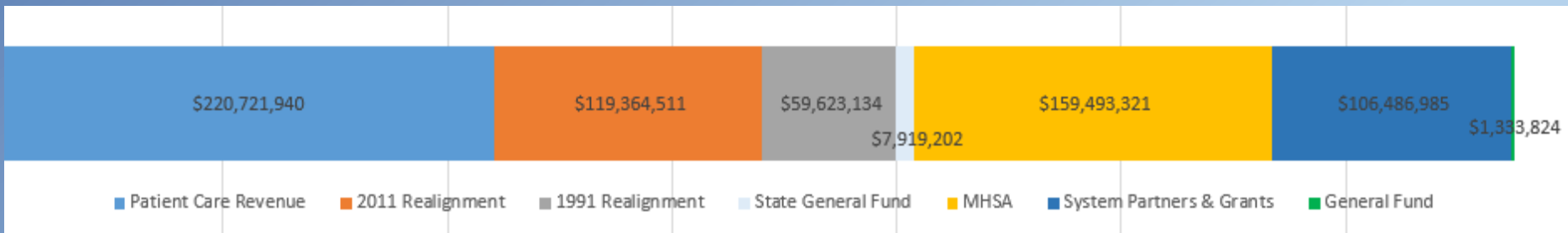




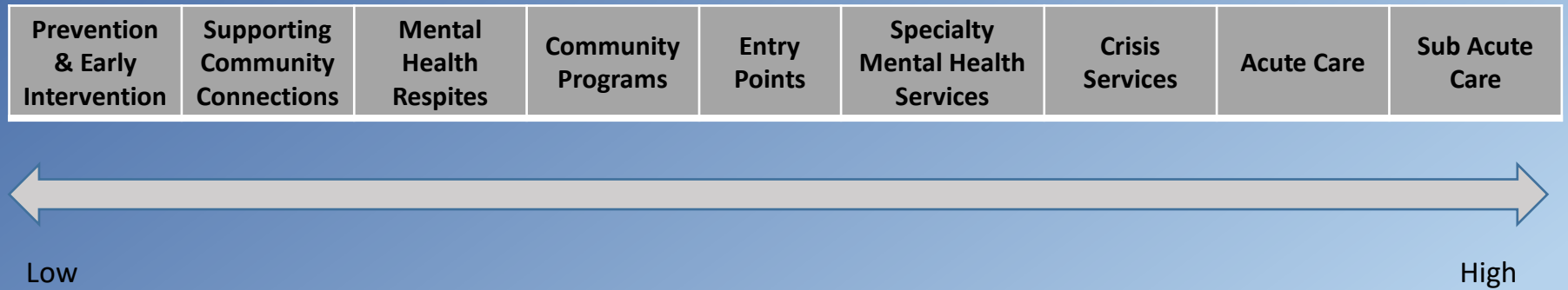
# Behavioral Health Services Overview

## Fast Facts

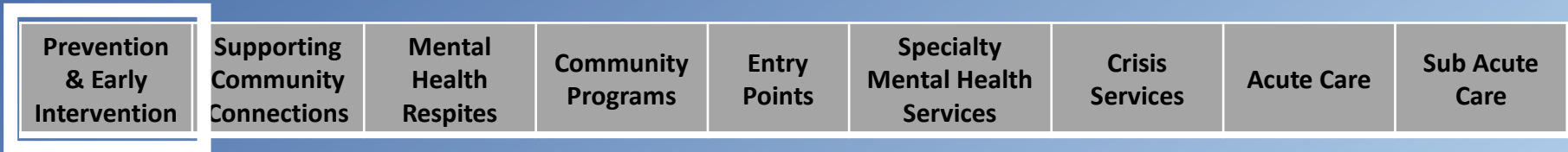
- FY 22/23 Annual Budget \$529.9 M
- FY 23/24 Annual Budget \$674.9 M
- 161 Provider Agencies with 238 Programs
- 39,980 consumers served
- 482,914 in Prevention and Early Intervention
- Media campaign: 38.5 M impressions
- Local MHSA and Realignment required as 50% match for Federal Medi-Cal funds
- County obligation: Serious Mental Illness, children with Serious Emotional Disturbance, full range of Substance Use Disorder Services



# Adult Service Continuum – At a Glance

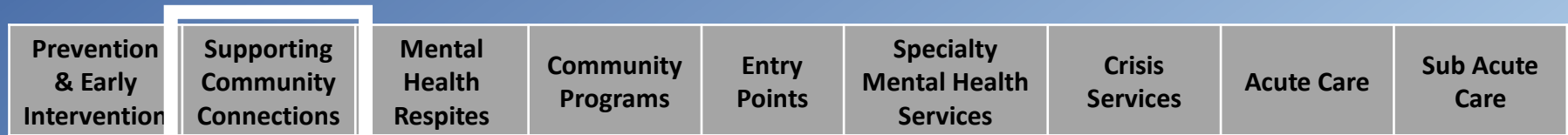


# Adult Service Continuum – At a Glance



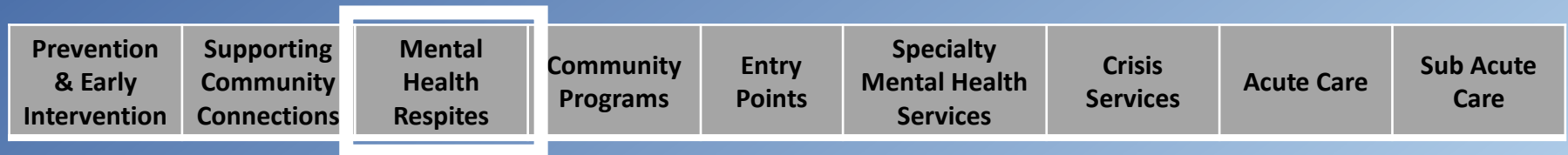
Project 1 – Suicide Prevention	Project 2 – Strengthening Families	Project 3 – Integrated Health & Wellness	Project 4 – Mental Health Promotion Program
<ul style="list-style-type: none"> <li>• Suicide Prevention Crisis Line - 988</li> <li>• Community Support Team</li> <li>• Bereavement Support Group &amp; Grief Services</li> <li>• Supporting Community Connections</li> <li>• Emergency Department Follow-Up</li> <li>• Mental Health Respite</li> <li>• Mobile Crisis Support Team</li> <li>• Crisis Navigation Program</li> </ul>	<ul style="list-style-type: none"> <li>• Bullying Prevention Education and Training</li> <li>• Early Violence Intervention Begins with Education (eVIBE)</li> <li>• Quality Child Care Collaborative (QCCC)</li> <li>• Child Protective Services Mental Health Team</li> <li>• Sacramento Children’s Home The Source</li> </ul>	<ul style="list-style-type: none"> <li>• UC Davis Sacramento Early Diagnosis and Preventative Treatment (SacEDAPT)</li> <li>• El Hogar Senior Link</li> <li>• Trauma Informed Wellness Program for the African American Community</li> </ul>	<ul style="list-style-type: none"> <li>• Community Education</li> <li>• Community Outreach and Engagement</li> <li>• Multi-Media Project</li> <li>• Speakers Bureau</li> </ul>

# Adult Service Continuum – At a Glance



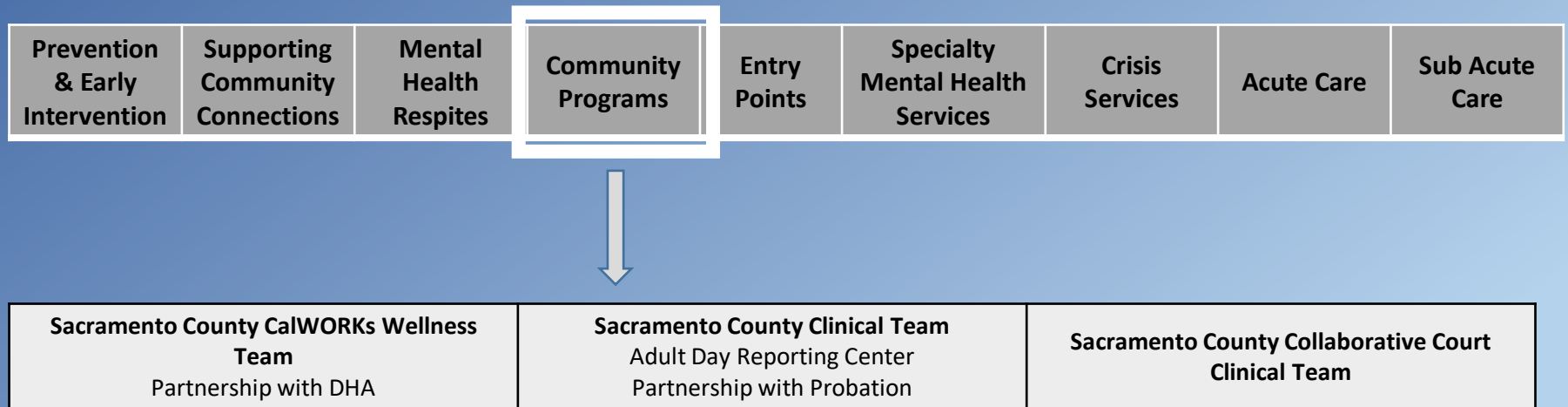
<b>A Church for Us dba A Church For All</b> (serving African American community)	<b>La Familia Counseling Center</b> (serving Spanish speaking community)	<b>Slavic Assistance Center</b> (serving Slavic/Russian speaking community & Ukrainian phone support)
<b>Asian Pacific Community Counseling</b> (serving Cantonese speaking, Hmong, Vietnamese communities)	<b>CalVoices</b> Consumer Operated Warm Line	<b>Refugees Enrichment &amp; Development Association</b> (serving Arabic speaking community)
<b>Children’s Receiving Home</b> (serving Youth/TAY (12-25) homeless, LGBTQ or foster youth)	<b>CalVoices</b> (serving Older Adult community)	<b>Serving Farsi Speaking Community</b> (in development)
<b>Iu Mien Community Services</b> (serving Iu Mien community)	<b>Sacramento Native American Health Center</b> (serving American Indian/Alaskan Native community)	<b>Serving Afghan Community</b> (in development)

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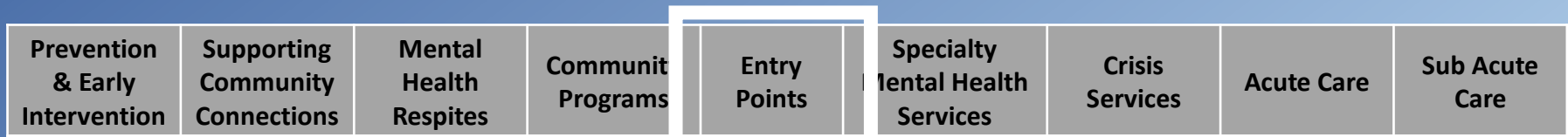


<b>A Church for Us dba A Church for All</b> The Ripple Effect	<b>Sacramento LGBT community Center</b> Q-spot/TAY Respite Program (Transition Age Youth 13-25)	<b>Wind Youth Services</b> Respite Program (for Youth and TAY)
<b>Capital Adoptive Families Alliance</b> Adoptive Families Respite Program	<b>St. John's Program for Real Change</b> Mental Health Respite Program for Women and Children	
<b>Del Oro</b> Caregiver Crisis Intervention Respite Center	<b>Hope Cooperative</b> Mental Health Crisis Respite Center	<b>Family Respite Center</b> (TBA)
<b>Sacramento LGBT Community Center</b> Lambda Lounge Adult Mental Health Respite Program (age 18+)	<b>Turning Point</b> Abiding Hope Respite House	

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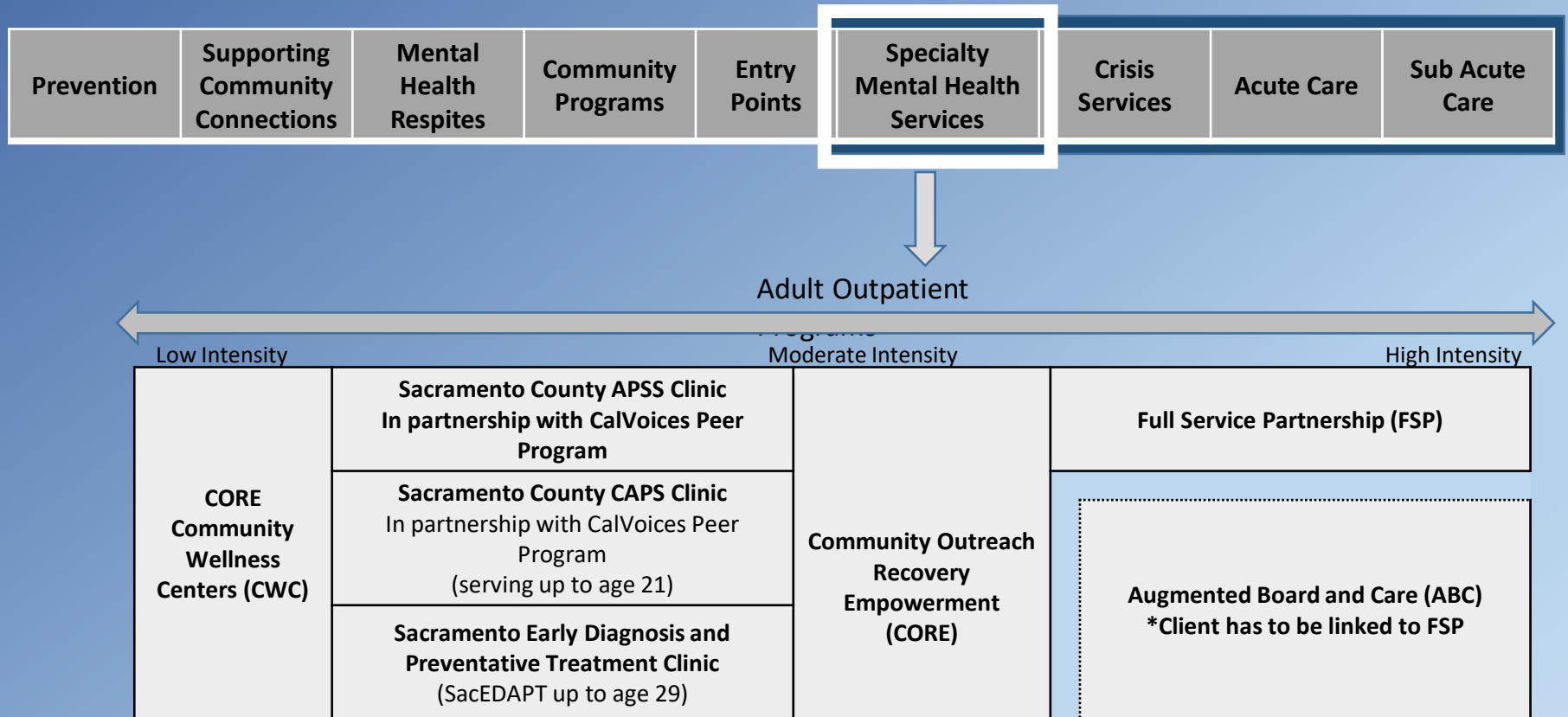


# Adult Service Continuum – At a Glance



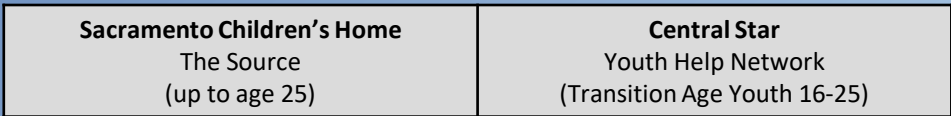
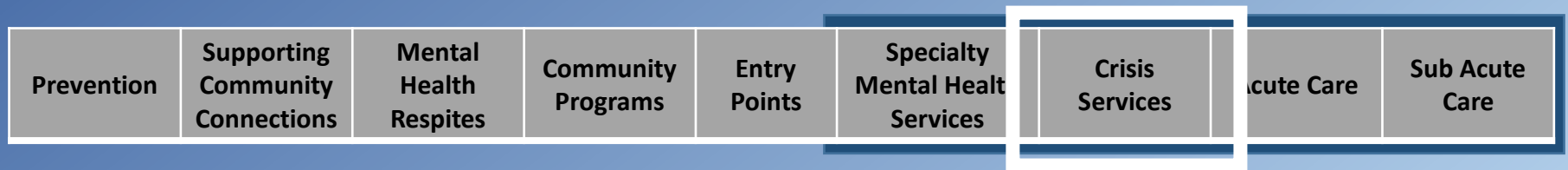
<b>Sacramento County</b> MH Access Team & SUPT System of Care	<b>Mental Health Treatment Center</b> <b>Intake Stabilization Unit</b>	<b>CSET for CSEC</b> (Age 12-21)
<b>Sacramento County</b> Community Wellness Response Team (CWRT)	<b>Sacramento County</b> Community Support Team In partnership with CalVoices Peer Program	<b>Central Star</b> Youth Help Network (Transitional Age Youth 16-25)
<b>Sacramento County</b> Homeless Engagement and Response Team (HEART)	<b>Asian Pacific Community Counseling</b> Assistance Access and Interpreter Services System-Wide	
<b>Sacramento County</b> Intensive Placement Team (IPT)	<b>Sacramento County</b> Assisted Outpatient Treatment (AOT) Engagement Team	<b>CORE</b> Community Wellness Centers

# Adult Service Continuum – At a Glance

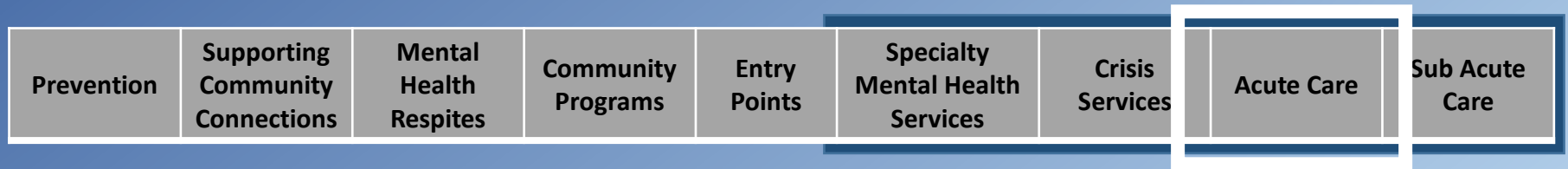




# Adult Service Continuum – At a Glance

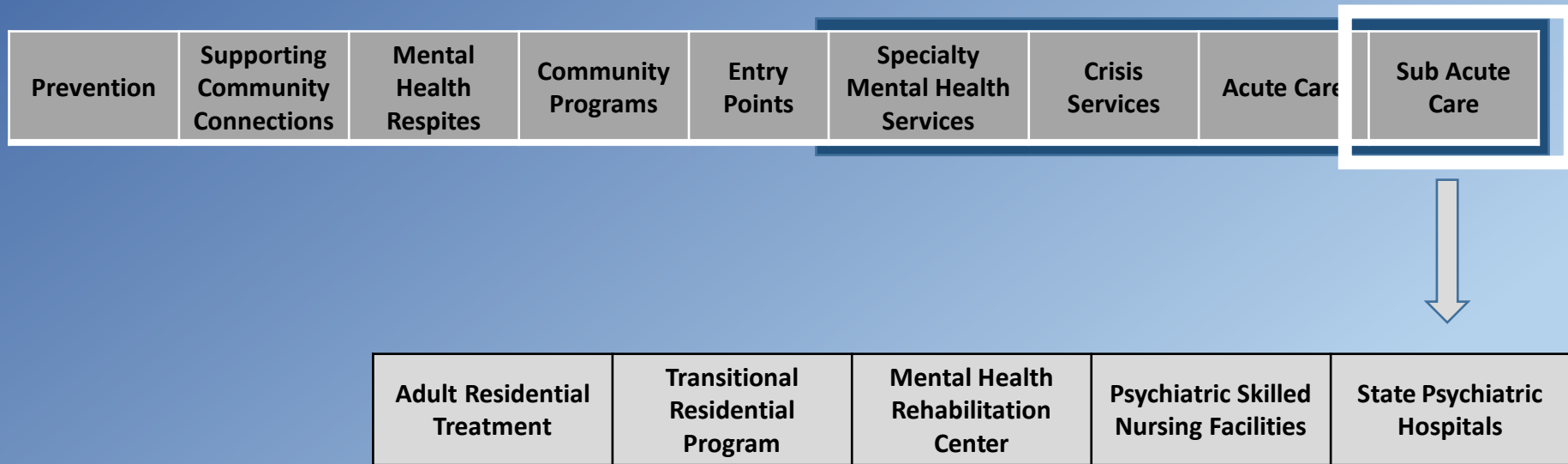


# Adult Service Continuum – At a Glance



Crisis Stabilization	Inpatient	Psychiatric Health Facilities (PHF)
<ul style="list-style-type: none"> <li>Mental Health Treatment Center &amp; Intake Stabilization Unit</li> </ul>	<ul style="list-style-type: none"> <li>Mental Health Treatment Center</li> <li>Sierra Vista Hospital</li> <li>Heritage Oaks Hospital</li> <li>Sutter Center for Psychiatry</li> <li>Sacramento Behavioral Health Hospital</li> </ul>	<ul style="list-style-type: none"> <li>Crestwood – Engle</li> <li>Crestwood – Stockton</li> <li>Heritage Oaks</li> </ul>

# Adult Service Continuum – At a Glance



*\*Referral based to Intensive Placement Team (IPT)*

# Adult Service Continuum – At a Glance

- Over the years, Behavioral Health has been increasing investments to support individuals with Behavioral Health Challenges and either experiencing homelessness or at risk for homelessness.
- These investments including:
  - Housing
  - Flexible housing supports
  - Services for individuals experiencing or at risk of homelessness

FY 17/18	FY 18/19	FY 19/20	FY 20/21	FY 21/22	FY 22/23
\$11,963,842	\$27,068,065	\$28,334,731	\$40,370,956	\$46,796,416	\$58,904,503

- Sacramento County has been awarded \$43 M in Behavioral Health Bridge Housing for the following purposes:
  - 110 beds across three Safe Stay communities
  - Develop or renovate shovel ready projects for 100 beds
  - CARE Court housing and supports
  - Rental Assistance / Auxiliary payments for flexible interim housing
  - Additional flexible funding to support barrier busting such as credit clean up, record expungement, etc.

# How to Make a Referral or Seek Services



- Call: 916-875-1055 or toll free 888-881-4881



- Click: Online Mental Health Service Request (<https://mentalhealthservicerequest.saccounty.net/>)

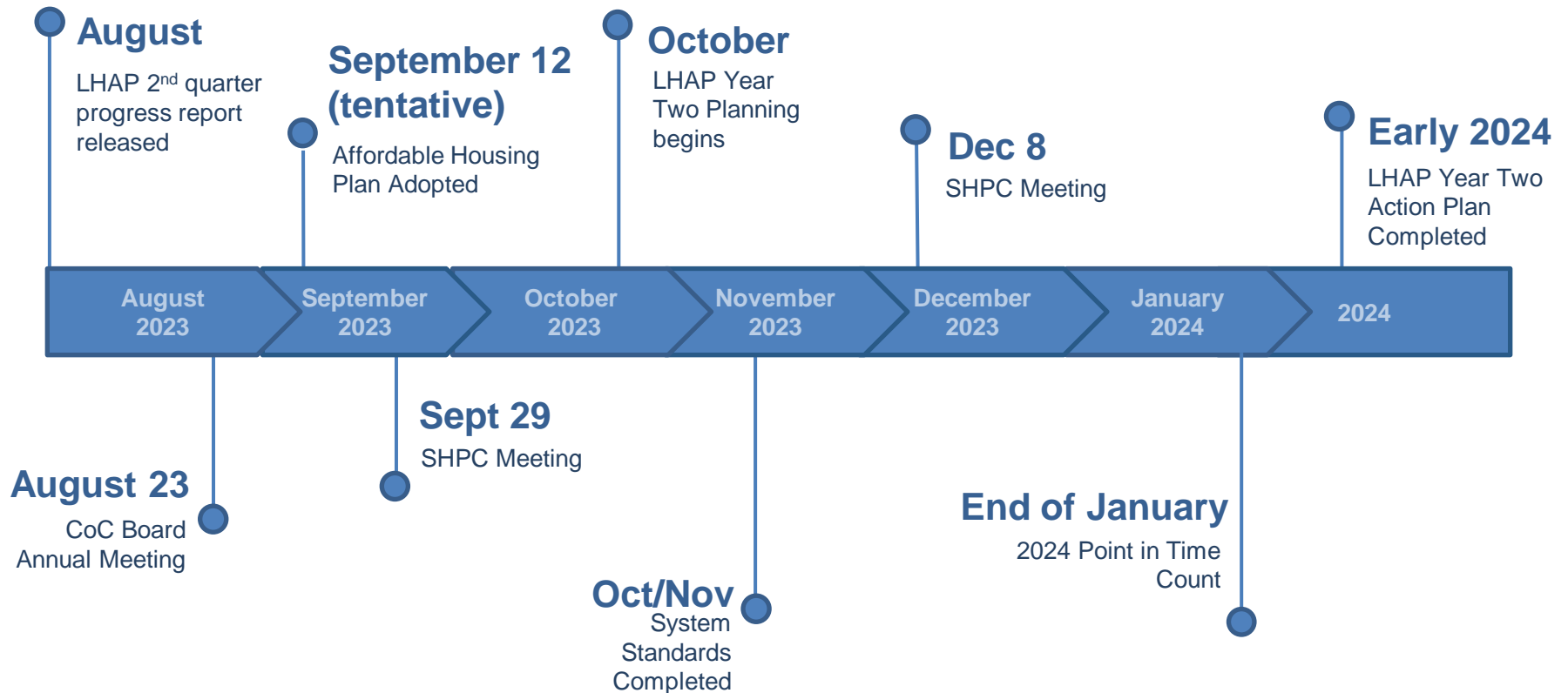


- Mail: Sacramento County Mental Health Access Team  
7001-A East Parkway, Suite 700  
Sacramento, CA 95823



- Walk In:
  - CORE Community Wellness Centers (map: <https://dhs.saccounty.gov/BHS/Pages/Adult-Outpatient-Services-Transformation.aspx>)
  - Mental Health Urgent Care Clinic [Open 24 hours 7 days per week]  
2130 Stockton Blvd. Building 300, Sacramento, CA 95813

# Next Steps





## **Final Remarks**

**Next Meeting:  
September 29, 2023  
1-3 p.m.**